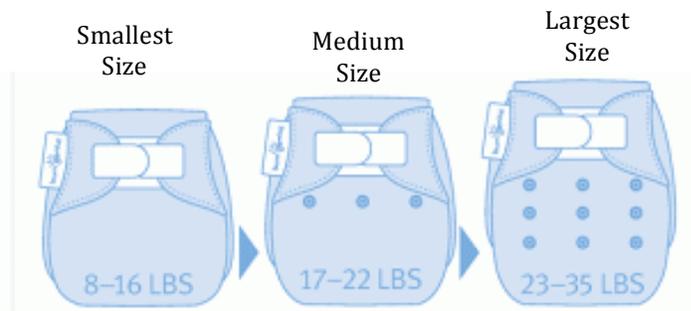


Understanding the different types of cloth diapers and their Acronyms

There are five main **TYPES** of cloth diapers, many brands will offer a few different types.

- a. **All-in Ones (AIOs)** – These will be closest to disposables, everything you need for a diaper is physically attached to the diaper, just open it up (it will have Velcro or snaps). These are often the most expensive and can take a long time to air dry depending on the design. [Examples include: Bumgenius Freetimes, TotsBots AIOs]
- b. **Pockets** – These diapers consist of two separate parts, the absorbable insert needs to be stuffed into the sleeve (or pocket) of the cover. Once pre-stuffed, they act like a all-in-one diaper, but every laundry day, you will have to restuff the pockets. Most pocket diapers are lined in either fleece or suede cloth—which are stay-dry materials, meaning that your baby will still feel dry even when he/she is wet because the urine passes through the liner and absorbs into the insert that is inside the pocket. Inserts are either microfiber (which should never be directly a baby’s body), cotton, bamboo or hemp). These are less expensive. (Examples include Bumgenius 4.0 Pockets)
- c. **Covers and prefolds** – These diapers also consist of two parts. The waterproof diaper cover and the absorbable insert that is just placed on top of the cover (no snaps, no pocket to stuff). The absorbable insert can either be a cotton (bamboo or hemp) prefold (a multilayered piece of fabric), or a “flat” (a large piece of cotton that has to be folded multiple times to fit into the diaper. The prefolds can be folded many ways, and held in place with “snappis” (new age diaper pins), but the easiest is just to fold into thirds. These are typically the least expensive type of diaper. (Examples include Bummys, Thirsties, Smart Bottoms)
- d. **All-in-Twos (AI2s)** – The absorbable part of these diapers snap into place onto the waterproof outer cover so that you can just bring a few extra inserts in your diaper bag and just replace them once they are peed or pooped on. AI2s are brand specific, so the inserts of one brand (like Grovia) do not snap into the diaper cover of another brand (like best bottoms). These can be expensive. [Examples include Best Bottoms, Grovia]
- e. **Fitted** – These are diapers that resemble disposables but because the fitted diaper is only made of absorbable material, it is not waterproof and needs to be combined with a waterproof outer cover. So diapering a baby takes two steps. Fitted diapers often come in particular sizes (small, medium, large, and as such can often be more trim and less bulky). These diapers vary in price depending on the material used for the fitted diaper (can be cotton, hemp or wool).
- f. Special mention: **Hybrids** – These diapers combine some of the environmental benefits of cloth diapering with the non-fuss of disposables, by using a reusable waterproof diaper cover and a disposable insert. Often the inserts are made of more natural material and could technically be composted if they only contained pee. At best they will degrade faster than a typical full disposable would. These end up being a bit more expensive than regular disposables. (E.g. 50 cents/insert). (Examples include: gdiaper, Grovia Biosoakers, and Flip)



How to use “RISE” snaps.

Weight ranges are approximate and will depend on the diaper